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Dinghy Safety

A MESSAGE FROM ROYAL FRESHWATER BAY YACHT CLUB

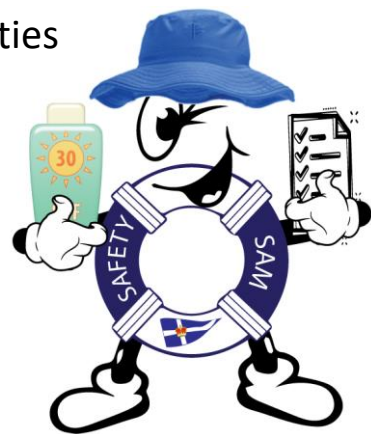


Pre-Race Checks

It is the responsibility of each sailor to conduct pre-race checks to ensure their dinghy, sail and rigging is in satisfactory condition and seaworthy for the expected weather conditions. It also ensures the sailor is suitably prepared and ready for sailing competition.

This is Safety Sam's recommended pre-race checklist:

- Check weather forecast
- Inspect dinghy hull, rigging and sails. Trim, secure, repair and / or replace as required
- Set sails for conditions e.g. more power / less power
- Check safety equipment, including PFD
- Confirm sail wear is suitable for expected conditions
- Apply sunscreen. Wear a hat or cap
- Agree tactics, tasks and responsibilities with crew if sailing double-handed
- Read the sailing instructions
Know the sailing courses
- Attend pre-race briefing
- Sign On



Safety - its everyone's responsibility