



rfbyc

Dinghy Safety

A MESSAGE FROM ROYAL FRESHWATER BAY YACHT CLUB

Windsurfing Safety Rules

Rule #1: *Never Windsurf Alone.*
There is always safety in numbers.

Even if the wind is blowing favourably sideshore or onshore, you could be swept off course if your equipment fails or you hurt yourself. Without a buddy to keep an eye on you and help you to safety, windsurfing alone can be dangerous.

Other important safety rules when windsurfing are:

- + Wear suitable safety equipment, including PFD
- + Double-check the weather
- + Know the water traffic rules
- + Avoid collisions at all costs
- + Sail slowly when leaving and returning to shore
- + Never sail further from shore than is necessary
- + Stay with your board no matter what happens
- + Be aware of heat stress or hypothermia, and leave the water if symptoms occur
- + Do not windsurf after dark

Safety - its everyone's responsibility

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