

# SUPPLEMENTARY SAILING INSTRUCTIONS MID WEEK AND FROSTBITE INVITATION SERIES

Events will be conducted in accordance with the 2024-25 7 Keelboat Sailing Instructions subject to these additions or amendments. In the event of a conflict, these Supplementary Sailing Instructions shall prevail.

## 1. ELIGIBILITY AND ENTRY

Entry to Mid-Week and Frostbite Series is open to any boat registered with a club affiliated with Australian Sailing and helmed by a member of that club.

## 2. SAILS

Spinnakers shall not be used in the Mid-Week Series.

## 3. FLEETS AND COMBINATIONS

Mid Week Series

Fleet A Division I, SB, IRC, Etechells, BW8

Fleet B All other classes

Frostbite Series

Fleet A Division I, SB, IRC, Etechells, BW8

Fleet B All other classes

## 4. IDENTIFICATION

Fleet A Code Flag 'A'

Fleet B Code Flag 'B'

Boats are not required to display Division or Class Flags.

## 5. COURSES

Courses are detailed in the 2024-25 7 Keelboat Sailing Instructions Addendum B 'Courses' and are also available from the Club website.

### 5.1 Mid Week Series

The course may be shortened in the following ways

- i) Flag 'S' displayed with two sound signals and the activation of the orange flashing light mounted on the top of the Start Box means 'after rounding the mark of the course indicated by a hashtag (#), proceed directly to the finishing line to finish in the direction of the course from that mark. This changes RRS 32.2.
- ii) The RC may also advise of a shortened course at any mark, via announcement of the Fleet the shortened course applies to and the mark, on VHF Channel 77. The RO will repeat the announcement three times at approximately 30 second intervals. After rounding this mark boats shall proceed directly to the finish line.  
NOTE The RC may advise that the shortened course instruction applies to all or just certain Fleets, classes or divisions. This changes RRS 32.2.

### 5.2 Frostbite Series

The course may be shortened as follows

- i) SI 11.3 applies.

- ii) The RC may also advise of a shortened course at any mark, via announcement of the Fleet the shortened course applies to and the mark, on VHF Channel 77. The RC will repeat the announcement three times at approximately 30 second intervals. After rounding this mark boats shall proceed directly to the finish line.

NOTE The RC may advise that the shortened course instruction applies to all or just certain Fleets, classes or divisions. This changes RRS 32.2.

- iii) Courses may also be shortened in accordance with RRS 32.

## 6. MISSING MARK

If a mark of the course is missing, boats shall round at the approximate position of its usual location. This changes RRS 34.

## 7. TIME LIMIT

### 7.1 Mid Week Series

The time limit is 2 hours 30 minutes after the start of Fleet B.

### 7.2 Frostbite Series

The time limit is 1300 hrs for morning races and 1700 hrs for afternoon races.

Boats that fail to finish before the time limit will be scored 'DNF'. This changes RRS 35.

## 8. SCORING

### 8.1 Mid Week Series

The best 17 races in each series shall count.

### 8.2 Frostbite Series

One discard, subject to rule 90.3(b), will be allowed unless 5 or less races are completed in which case all races will count.

## 9. PRIZES

Pennants will be awarded for each race and series for each fleet as follows

### 9.1 Mid Week Series

PHS

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place and Fastest Time

AMS Non-Spinnaker

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place

IRC Non-Spinnaker

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place

BW8

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place and Fastest Time

### 9.2

### Frostbite Series

PHS

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place and Fastest Time

AMS

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place

IRC

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place

- 9.3 For AMS,IRC or BW8 boats a minimum of two starters is required for pennants to be awarded and for that handicap system or fleet to be scored for the overall series.

- 9.4 Additional prizes may be awarded at the discretion of the Organising Authority.

- 9.5 Trophies will be awarded to the overall winner of each fleet for

Mid- Week Summer Series.

Mid-Week Winter Series.

Frostbite Series

# MID WEEK RACING FLEET A & B

## APPENDIX B – 2024-25 COURSES – 1 TO 4

All marks to be rounded unless designated as Pass

### COURSE 1

South West - 15-21 Kn	
Club Starting Line No. 1	
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Parker South Day Buoy (17a)	S
Miller Buoy (28)	P
Dolphin West Buoy (42a)	S
Smith Buoy (35a)	P
Lucky Bay Buoy (35b)	P
Armstrong Buoy (32)	P
Bricklanding Buoy (33a)	S
Parker Buoy (17)	P
Club Finishing Line	

Course Length 8.9nm

### COURSE 2

South West - 10 - 16 Kn	
Club Starting Line No. 2	
Miller Buoy (28)	P
Armstrong (32)	P
Smith Buoy (35a)	P
Lucky Bay Buoy (35b)	P
Armstrong Buoy (32)	P
Bricklanding Buoy A (33a)	S
# Bishop Buoy (74)	P
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Parker Buoy (17)	P
Club Finishing Line	

Course Length 8.4nm

Short Course 7.2nm

### COURSE 3

South East / North West - 6 - 12 Kn	
Club Starting Line No. 2	
Squadron Buoy (37)	P
# Parker Buoy (17)	P
Smith Buoy (35a)	P
Lucky Bay Buoy (35b)	P
Parker Buoy (17)	P
Club Finishing Line	
Course Length 7.7 nm	Short Course 4.40nm

### COURSE 4

All light breezes 3 - 8 kn	
Club Starting Line No.2	
Miller Buoy (28)	P
# Parker Buoy (17)	P
Burnside Spit (58)	S
College Buoy (23)	S
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Bishop Buoy (74)	P
Club Finishing Line	
Course Length 6.3nm	Short Course 2.9nm

All marks to be rounded unless designated as Pass

#### Shortened Course

Flag 'S' displayed with two sound signals and the activation of the orange flashing light mounted on the top of the Start Box means 'after rounding the mark of the course indicated by a (#) proceed directly to the finishing line to finish in the direction of the course from that mark.'

Flag 'S' displayed from a Committee vessel, making intermittent sound signals positioned adjacent to a rounding mark of the course means 'boats shall round this mark and proceed directly to the finishing line to finish in the direction of the course from this mark.'

NOTE Where the S flag is displayed with a Division flag it applies to that division only.

Shortened courses will be notified by VHF Channel 77.

All boats are encouraged to maintain a listening watch at all times when racing.

# MID WEEK RACING FLEET A & B

## APPENDIX B – 2024-25 COURSES – 5 TO 8

All marks to be rounded unless designated as Pass

### COURSE 5

North East / North 6 - 16 Kn

Club Starting Line No. 2

Smith Buoy (35a)	P
Lucky Bay Buoy (35b)	P
Armstrong Buoy (32)	P
Bricklanding Buoys (33a & 33b)	S
Armstrong Buoy (32)	P
Bricklanding Buoy A (33a)	S
# Parker Buoy (17)	P
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Parker Buoy (17)	P
Club Finishing Line	

Course Length 8.7nm

Short Course 7.4nm

### COURSE 6

East / West - 6 -16 Kn

Club Starting Line No. 2

Miller Buoy (28)	P
Burnside Spit (58)	S
College Buoy (23)	S
Miller Buoy (28)	P
# Parker Buoy (17)	P
Roe Buoy (16)	P
Miller Buoy (28)	P
Parker Buoy (17)	P
Club Finishing Line	

Course Length 8.4nm

Short Course 5.6nm

### COURSE 7

South East - 10- 16 Kn

Club Starting Line No. 2

Miller Buoy (28)	P
Sanders Buoy (99)	S
Bricklanding Buoy A (33a)	S
# Parker Buoy (17)	P
Miller Buoy (28)	P
Sanders Buoy (99)	S
Parker Buoy (17)	P
Club Finishing Line	

Course Length 8.6nm

Short Course 4.7nm

### COURSE 8

South West / North East - All Breezes

Club Starting Line No. 1

Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Burnside Spit (58)	S
College Buoy (23)	S
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Burnside Spit (58)	S
# College Buoy (23)	S
Mosman Buoy A (14)	P
Mosman Buoy B (13)	P
Bishop Buoy (74)	P
Club Finishing Line	

Course Length 7.2nm

Short Course 5.2nm

All marks to be rounded unless designated as Pass

#### Shortened Course

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