

STANDARD SAILING INSTRUCTIONS - OFF THE BEACH

The Standard Off the Beach Sailing Instructions apply to Club races conducted by Royal Freshwater Bay Yacht Club (Inc.). These Sailing Instructions do not apply to events where separate Sailing Instructions are issued (e.g. Dinghy Winter Series, ICR Regatta).

Abbreviations

AS - Australian Sailing (formerly Yachting Australia)

ASSR - Australian Sailing Special Regulations relating to safety requirements

RRS - The current Racing Rules of Sailing as published by World Sailing

(NP) - denotes that a breach of this rule will not be grounds for protest by boat.

(DP) - denotes a rule of which the penalty is at discretion of the protest committee and may be less than disqualification.

1. RULES

1.1 Races will be governed by the rules as defined in the RRS.

1.2 RRS A5.3 will apply to all Club championship and consistency series.

1.3 RRS Appendix T Arbitration shall apply

1.4 (DP) The ASSR Part 2 will apply

1.5 Competitors shall be financial members of their respective Class Associations where this is a requirement in order to race in a Class for that design of boat.

1.6 (DP) Optimists and O'pen Skiffs designated by the Race Committee as being in Intermediate Fleet shall fly a pink coloured streamer either from the top of their mast (O'pen Skiff) or from the top of their sprit (Optimist). All competitors flying an Intermediate streamer can receive coaching on the race course.

1.7 Experimental WS Appendix WF (WindFoiling) will apply.

1.8 Appendix B – Windsurfing Fleet Racing Rules will apply

2. ENTRIES AND ELIGIBILITY

2.1 Boats shall nominate online prior to competing in a race or series through the TopYacht race management system. - <https://www.topyacht.com.au/entreg/enter.php?e=102.2.586>

2.2 Unless otherwise approved by the Yachting Operation Manager only boats registered at the Club may compete in club races unless the race is designated as an Invitation race. Invitation races are open to boats from clubs who are affiliated to Australian Sailing and shall be helmed by members of a club affiliated to Australian Sailing. Boats that do not nominate will not be included in results.

2.3 Boats shall be helmed by a financial Life, Special, Senior, Ordinary or Junior member of the Club unless otherwise approved by the Dinghy Training Centre Operations Manager.

2.4 Notification of any change in registration details (including change of skipper or crew) shall be made in person and approved by the Race Committee or the Dinghy & Training Centre (DTC) office prior to the race in which it will take effect.

2.5 For Club Championship races, different combinations of helm and boat will be considered as a new entry.

2.6 For consistency races, any change of helm will result in an increase in handicap of 1.5%

3. NOTICES TO COMPETITORS

- 3.1 All notices will be published on the RFBYC website and emailed to all registered competitors. Failure for an electronic communication to be made or received will not be grounds for redress. This changes RRS 62.
- 3.2 Notices will also be posted on the Official Notice Board located in the wet corridor inside the DTC

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted before 0800 (09:30 start) or 12:00 (14:00 start) on the day it will take effect, except that any change to the schedule of races will be posted by 18:00 on the day before it will take effect.
- 4.2 Changes to a Sailing Instruction may be made on the water in accordance with RRS 90.2(c) by the following procedure:
 - a) Flag L to be displayed with a sound signal. Competitors should come within hailing distance of the race committee boat.
 - b) Instructions may be given verbally from the race committee vessel.
 - c) Instructions may additionally be given by other official vessels.
 - d) It is each competitor's responsibility to ensure that they have received the change in its entirety. Failure to receive these instructions will not be grounds for redress.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be made from the mast to the west of the DTC.
- 5.2 When Flag AP is displayed ashore, '1 minute' is replaced with not less than 30 minutes in RRS Race Signals.
- 5.3 [DP] When Flag D is displayed with one sound means 'Boats shall not leave the shore. No warning signal will be made until at least 30 minutes after removal.' This is in addition to RRS Race Signals.

6. SIGNON / SIGNOFF

- 6.1 Boats shall sign-on before leaving the beach at the DTC. Boats failing to sign-on will have three (3) points added to the first race of the session, but will not be scored worse than DSQ. This changes RRS Rule 63.1.
- 6.2 Boats shall sign-off upon returning to shore at the DTC. Boats failing to sign-off will have three (3) points added to the last race of the session, but will not be scored worse than DSQ. This changes RRS Rule 63.1.

7. IDENTIFICATION

- 7.1 A boat that intends to use any sail or hull number other than its registered number shall obtain approval from the DTC Office prior to the race.
- 7.2 A boat that fails to comply with SI 7.1 will be recorded as 'DSQ' without a hearing. This changes RRS A5.














8. SCHEDULE OF RACES

- 8.1 Scheduled event dates, start times and location of starting lines are shown in the Season Calendar. Where the published 'Schedule of Events' includes information of social events, events conducted by other clubs or sailed under alternative special or Supplementary Sailing Instructions, these do not form part of these Sailing Instructions.
- 8.2 Any changes to the start times in the published Season Calendar will be displayed on the Notice Board as specified in SI 3.2

9. DIVISION AND CLASS FLAGS

9.1 A boat shall race in the Division/Fleet to which it is allocated by the Race Committee.

9.2 Division and Class Flags are shown below

Flag	Fleet	Flag	Fleet
	Optimist		WASZP
	Optimist Intermediate		29er and 29er XS
	O'pen Skiff		Mirror
	O'pen Skiff Intermediate		Pacer
	ILCA 4,6 and 7		Bic Techno
	Contender		IQ Foil
	Wingfoil		

10. RACING AREA

The racing area will be within Freshwater Bay and surrounding areas.

11. COURSES AND COURSE SIGNALS

11.1 The diagrams in SI Appendix C show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

11.2 The course to be sailed will be designated by displaying a numeral pennant from the race committee vessel no later than the warning signal.

11.3 Courses may be shortened in accordance with RRS 32.2. In addition, RRS 32 is changed so that if Flag 'S' over Flag 'F' are displayed in the vicinity of a mark, competitors shall pass that mark on the required side and proceed directly to the finish line.

11.4 For multiple races, when Flag 'Q' is displayed at the finish, another race will be started as soon as practicable. Multiple sound signals will indicate that a new starting sequence will commence within 1 minute.

12. MARKS

Marks 1, 2 and 3	Orange Inflatable buoys
Marks A, B and C	Red Inflatable buoys
Start Mark	Black and White chequered buoy
Finish Mark	Red with Yellow Band buoy

13. THE START

13.1 Races will be started using RRS 26 modified such that the warning signal will be displayed 3 minutes prior to the start and the preparatory signal 2 minutes prior to the start.

- 13.2 The starting line is between a staff displaying orange flag on the race committee vessel at the starboard end of the starting line and the course side of the port-end starting mark.
- 13.3 A boat whose warning signal has not been made shall keep clear of both the starting area and of all boats who are in the starting sequence.
- 13.4 A boat that does not start within 3 minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 13.5 A clearance mark may be attached to the race committee starting vessel. After the first warning signal of the day, boats shall not pass between the Start Box and the clearance mark when the line is in use. The only exceptions will be boats that are forced between the Start Box and the inner mark at the start or boats returning to start after recall.
- 13.6 When a General Recall is signalled, the warning signal for a new start for the first recalled fleet will be made as the starting signal of the last fleet in the original sequence. New starts for other recalled fleets will follow in the order thereafter. A General Recall signal will be displayed for one minute. This changes RRS 29.2 and race signal, 'First Substitute'.
- 14. THE FINISH**
- 14.1 The finishing line is between a staff displaying a blue flag on the race committee vessel at the starboard end of the finishing line and a red with yellow band buoy at the port end.
- 14.2 Boats failing to finish within 15 minutes after the first boat finishes will be scored "Did Not Finish". This changes RRS 35, A4 and A5.
- 15. LINES IN USE**
- 15.1 A conspicuous orange flag will identify a 'line in use' for starting or finishing.
- 15.2 (NP) Except between her warning and starting signals, or when finishing, a boat shall not cross a 'line in use' in either direction when the orange flag is displayed.
- 15.3 A boat observed breaching SI 15.2 will be penalised without a hearing in accordance with SI 17.2. This changes RRS 63.1.
- 16. KEEPING CLEAR**
- 16.1 Boats shall at all times give way to support craft identified by a white flag with the words SAFETY in red.
- 16.2 Boats observed breaching any of SI 16 will be penalised, without a hearing, in accordance with SI 17.2. This changes RRS 63.1.
- 17. PENALTIES**
- 17.1 For all classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One Turn Penalty. For WASZPs the two-turns penalty in RRS 44.1 is replaced by a part turn being a gybe and coming to close-hauled when on a windward leg or tack and sailing below 90 degrees when on any other leg.
- 17.2 Scoring Penalties Specified in SI 15.3 and 16.3. A scoring penalty will be a 30% penalty calculated in accordance with RRS 44.3 (c).
- 17.3 A boat penalised under SI 15 or 16 may request a hearing.
- 18. HEARING REQUESTS**
- 18.1 The protest time limit is 45 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official noticeboard.
- 18.2 Protests shall be written on forms available from the Dinghy & Training Centre office and shall be lodged at the DTC office or with the Race Officer by the Protest Time Limit in accordance with RRS 61 and SI 18.1.

- 18.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located via the DTC main hall.
- 18.4 In addition to the requirements of RRS 61.1, boats intending to protest for an incident occurring while racing shall, where possible, notify an official on the committee vessel within five minutes of finishing or retiring from the race.
- 19. SCORING**
The Low Point Scoring System of RRS Appendix A as amended by SI 22 will apply to all Consistency, Club Championship and other series.
- 20. NUMBER OF RACES TO COUNT**
See Appendix C to these Sailing Instructions
- 21. STARTERS**
A minimum of four boats are required to start in any one race before any trophy or pennant shall be awarded. A minimum of two starters are required to constitute a race.
- 22. COACHING AND SUPPORT VESSELS**
- 22.1 Official vessels will be identified by the words 'Safety' and may display the RFBYC burgee.
- 22.2 With the exception of the Intermediate fleets, team leaders, coaches and other support persons who may be supporting individual athletes shall keep to leeward of the start line and its extension between the preparatory signal and the start signals for their class and more than 50 metres clear of any racing boat or mark of the course.
- 22.3 Club appointed/approved coaches may give advice to some or all competitors while they are racing except during designated club championship races. Intermediate Fleet boats displaying a pink ribbon may be coached during any race. This will not be regarded as a breach of RRS 41.
- 22.4 All skippers of support/coach boats must attend the volunteers briefing with the Race Management. This is scheduled for before the competitor's briefing. This takes place at the Dinghy Training Centre (DTC).
- 22.5 Support/Coach boats will be required to assist in the event of an emergency if directed to do so by the Race Management Team.
- 22.6 All Support/Coach boats must have a VHF radio and maintain a listening watch on the nominated VHF Channel.
- 22.7 Support / coach boats must have a current boat insurance policy with a minimum cover of AUD \$10 million.
- 23. AVERAGE POINTS**
- 23.1 Boats sailing in official class State, National or other significant event may apply for average points to be awarded for Consistency Series and Club Championship races held on the same day.
- 23.2 To be eligible for average points in a Consistency or Championship race(s), boats must participate in a minimum of 50% of the races in the series for which average points are being requested.
- 23.3 Applications for average points shall be made in writing to the Dinghy Administrator within five days of the race for which average points are requested and shall be accompanied by a results sheet to confirm participation in the alternative event.
- 23.4 Average points shall be calculated from the points accrued in all the races that the requesting boat competed in during the series.
- 23.5 The decision on the awarding of average points is at the sole discretion of the Race Committee.

24. BOATS RETIRING

24.1 [DP] A boat that retires from a race shall, if possible, notify the race committee at the first reasonable opportunity or by promptly notifying DTC Office of their decision to retire on returning to shore.

25. DISCLAIMER OF LIABILITY

25.1 All those taking part in Club races do so at their own risk and responsibility.

25.2 The Club is not responsible for the sea worthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment. The Club reserves the right to refuse entry in the interests of safety or fair competition.

25.3 Attention is drawn to RRS 3) which states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone' and AS Special Regulations 1.02.1 which also states that: 'The safety of a boat and her crew is the sole and inescapable responsibility of the person in charge.'

26. INSURANCE

All boats sailing in Club races shall have current valid insurance in respect of Third Party Liability and Public Liability of not less than AUD \$10 million.

2023-24 OFF THE BEACH COURSES

APPENDIX B

COURSE 1

Optimist & O'pen Skiff:	Start-A-B-C-A-C-Finish
Optimist & O'pen Skiff Intermediate:	Start-A-B-C-Finish
Pacer, ILCA 4.7:	Start-1-2-3-A-3-Finish
ILCA Radial, ILCA Standard, Contender:	Start-1-2-3-1-3-Finish
29er, Waszp:	Start-1-3-1-3-Finish
Mirror:	Start-A-B-3-A-3-Finish
Bic Techno / Wingfoil	Start-A-C- Finish
IQ WindFoil:	Start-1-3-Finish

COURSE 2

Optimist & O'pen Skiff:	Start-A-B-C-A-C- A-C- Finish
Optimist & O'pen Skiff Intermediate:	Start-A-B-C-A-C-Finish
Pacer, ILCA 4.7:	Start-1-2-3-A-3-A-3-Finish
ILCA Radial, ILCA Standard, Contender:	Start-1-2-3-1-3- 1-3 Finish
29er, Waszp:	Start-1-3-1-3-1-3-Finish
Mirror:	Start--A-B-3-A-3- A-3-Finish
Bic Techno / Wingfoil	Start-A-C-A-C -Finish
IQ WindFoil:	Start-1-3-1-3-Finish

COURSE 3

Optimist & O'pen Skiff:	Start--A-B-C-A-C- A-C-A-C-Finish
Optimist & O'pen Skiff Intermediate:	Start-A-B-C-A-C- A-C-Finish
Pacer, ILCA 4.7:	Start-1-2-3-A-3-A-3-A-3-Finish
ILCA Radial, ILCA Standard, Contender:	Start-1-2-3-1-3- 1-3-1-3- Finish
29er, Waszp:	Start-1-3-1-3-1-3-Finish
Mirror:	Start-A-B-3-A-3-A-3-A-3- Finish
Bic Techno / Wingfoil	Start-A-C-A-C-Finish
IQ WindFoil:	Start-1-3-1-3-Finish

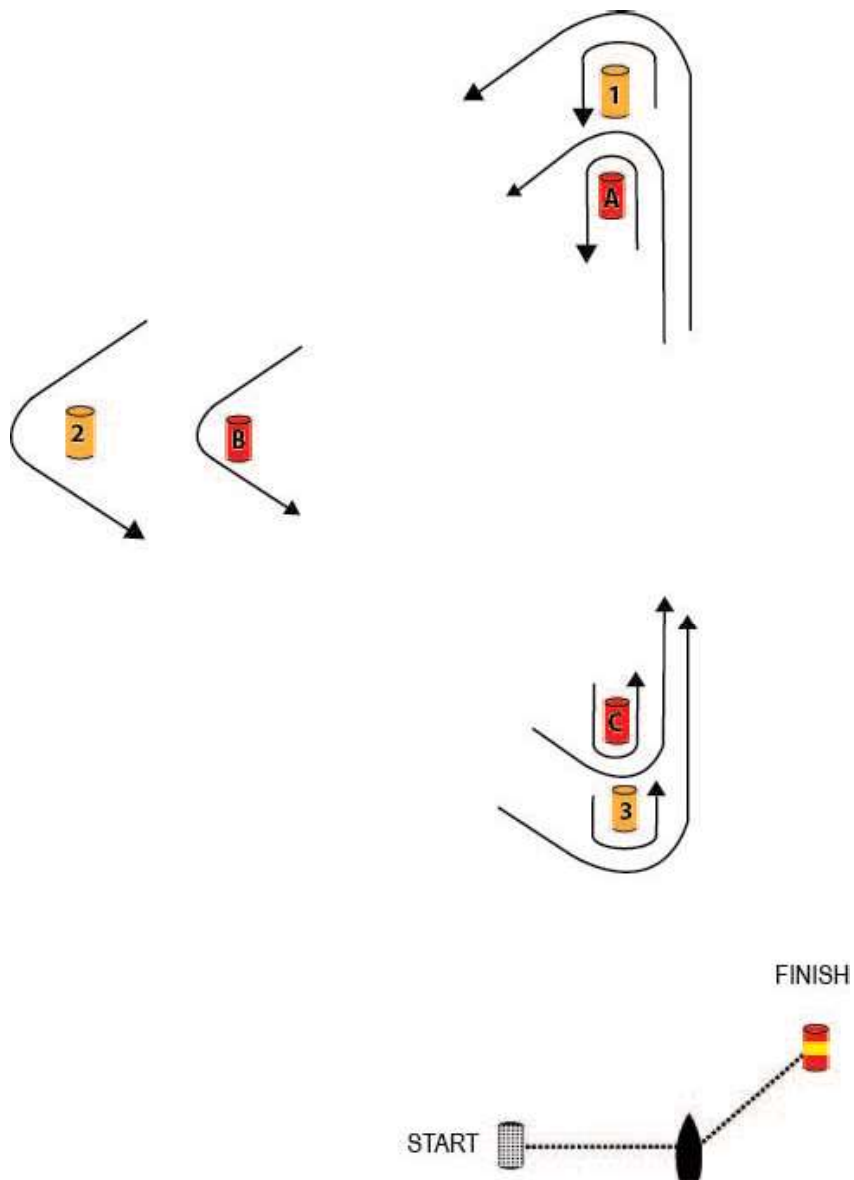
COURSE 4

Optimist & O'pen Skiff:	Start-A-C-A-C-Finish
Optimist & O'pen Skiff Intermediate:	Start-A-C-Finish
Pacer, ILCA 4.7:	Start-A-3-1-3-Finish
ILCA Radial, ILCA Standard, Contender:	Start-1-3-1-3-Finish
29er, Waszp:	Start-1-3-1-3-Finish
Mirror:	Start-A-3-A-3-Finish
Bic Techno / Wingfoil	Start-A-C-A-C-Finish
IQ WindFoil:	Start-1-3-1-3-Finish

COURSE 5

Optimist & O'pen Skiff:	Start-A-C-A-C-A-C-Finish
Optimist & O'pen Skiff Intermediate:	Start-A-C-A-C-Finish
Pacer, ILCA 4.7:	Start-A-3-A-3-1-3-Finish
ILCA Radial, ILCA Standard, Contender:	Start-1-3-1-3-1-3-Finish
29er, Waszp:	Start-1-3-1-3-1-3-Finish
Mirror:	Start-A-3-A-3-A-3-Finish
Bic Techno / Wingfoil	Start-A-C-A-C-Finish
IQ WindFoil:	Start-1-3-1-3-Finish

2023-24 OFF THE BEACH COURSES APPENDIX B DIAGRAM



APPENDIX C – RACES TO COUNT - OFF THE BEACH

Club Championship Series: (excludes Intermediate Fleets)

7 race days scheduled with 14 races intended to be sailed. A minimum of 5 races are required to constitute a series. A2.1 is amended as follows:

- If 5 or fewer races are completed all races will count.
- If 6-10 races are sailed one discard will be allowed
- If 11- 14 races are sailed two discards will be allowed

Consistency Series (Open Fleets):

15 race days scheduled with 30 races intended to be sailed.

Drops:

- 6 races sailed—1 drop
- 12 races sailed—2 drops
- 18 races sailed—3 drops
- 24 races sailed—4 drops
- 30+ races sailed—5 drops

Consistency Series (Intermediate Fleets):

Pre-Christmas: 7 race days scheduled, Best 11 races to count.

Post-Christmas: 8 race days scheduled, Best 13 races to count.

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