

rfbyc

# Dinghy Safety

A MESSAGE FROM ROYAL FRESHWATER BAY YACHT CLUB



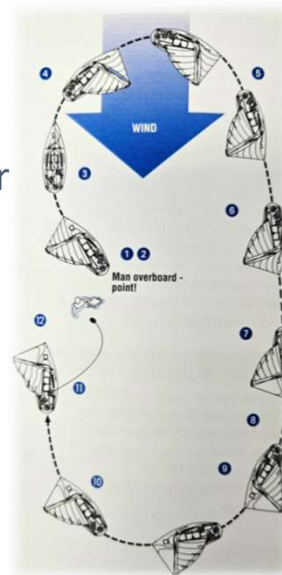
## Keelboat Safety Tips

More Keelboating opportunities are coming up for our dinghy sailors in Term 2 and 3. Including Sail Institute for both juniors and youth, as well as Swan River Community events for all sailors.

Our top tips for staying safe on keel boats include:

1. Always wear a lifejacket when on water.
2. Keep fingers clear of winches and pulleys.
3. Wear grippy non marking (white soles) shoes.
4. Wear gloves to protect from rope burn.
5. Reduce sail area as the wind increases by reefing sails, using jibs not genoas, and sometimes only using the main or jib exclusively.
6. Practice the man overboard drill.

If you are ever not sure reach out to our RFBYC coaching team, they are always here to help.



*Safety - its everyone's responsibility*