

rfbyc

Dinghy Safety

A MESSAGE FROM ROYAL FRESHWATER BAY YACHT CLUB



Windfoiling Safety Tips

Safety Sam has the following tips when windfoiling:

- + Wear suitable safety equipment, including helmet and impact vest.
- + Choose an easy access point to enter the water
- + Always be in control of carrying your board & sail
- + Check the water depth of our launching spot
- + Stay away from rocks, cliffs and moorings
- + Ride share. Do not windfoil alone.
- + Never go out in offshore conditions, unless there is a support boat
- + Try to keep hold of the boom when wiping out to avoid contact with the hydrofoil wings and injury.
- + Avoid foiling in extreme conditions of wind and waves
- + Respect the priority on the water, especially when foiling at speed close to slower craft which may not hear you 'zipping along' on your foil.
- + Respect all people on land when rigging up, swimmers and other board riders in the water



Safety - its everyone's responsibility

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