

SAILING INSTRUCTIONS

2026 College Cup

Sunday, 17th May 2026 • Hosted by Royal Freshwater Bay Yacht Club



ABBREVIATIONS

PC – protest committee	RC – race committee
OA – organising authority	RRS – racing rules of sailing
SI – sailing instructions	NoR – notice of race

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Races will be umpired and conducted as per Addendum 'A' – Appendix UF – Umpire Fleet Racing (Version February 2025).
- 1.3 No national prescriptions will apply.
- 1.4 The rules for the handling of boats and the equipment list, detailed as part of the Sailing Instructions, will apply.
- 1.5 Class rules will not apply.
- 1.6 If there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board and RFBYC.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted at least 30 minutes before the scheduled start time on the day it will take effect and signed by the RC.
- 3.2 Any change in the Sailing Instructions issued on the water will be signalled by the display L flag from the committee boat accompanied by one sound signal. A member of the PC may communicate these either verbally or in writing.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flag mast in front of the venue.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore, rule 40.1 applies.

5. SCHEDULE OF RACES




- 5.1 The scheduled time of the warning signal for the first race shall be as per the schedule below.

Date	Time	Details
Sunday, 17 th May	1130	Boats released to teams to rig up before the briefing.
	1215 - 1230	Briefing on main wharf at Royal Freshwater Bay Yacht Club.
	1300	Racing commences. No warning signal will be made after 1630hrs.
	Straight after racing	Closing Presentations at Royal Freshwater Bay Yacht Club.

- 5.2 As many races as possible will be sailed in the time available.
- 5.3 Each subsequent race will be started as soon as practicable after the previous race.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.

6. BOATS AND SAILS

- 6.1 The sails to be used will be allocated by the OA. It is the skipper's responsibility to ensure that the sails aboard the boat in the sail bags provided are a complete set.
- 6.2 The sail combination to be used will be signalled from the RC boat at least three minutes before the warning signal. No sound signal is required. The signals shall have the following meanings.

Signal	Sail Combination to be used
None	Genoa + full mainsail + spinnaker
Flag K 	Jib + full mainsail + spinnaker
Flag R 	Jib + reefed mainsail + spinnaker
Flag Z 	Jib + reefed mainsail + no spinnaker

- 6.3 Additional VB chord, shock chord, tape and personal "ditty bag" (containing tools, sail repair items and wool) may be brought aboard. Any cord and tape placed on the boat shall be removed at completion of the regatta.
- 6.4 Cable ties shall not be used to secure jib sheets to the headsail, the outhaul shall not be attached to the mainsail reefing point and tweakers shall not be tied to winch handle pockets.
- 6.5 The boats and standing rigging shall not be modified in any way, other than using the backstay tackle, and no additional equipment may be used to facilitate sailing of the boats.
- 6.6 Boom vang tackle shall not be modified, and vang sheeting (via a winch) is not permitted.
- 6.7 The penalty for infringement of SI 6.4, 6.5 and 6.6 shall be at the discretion of the PC.
- 6.8 Other restrictions or instructions may be given to the boats verbally by a member of the PC. The L flag is not required.
- 6.9 All yachts are equipped to Australian Maritime Safety Authority safety requirements. No equipment shall be taken off the boats.

7. IDENTIFICATION AND ASSIGNMENT OF BOATS

- 7.1 Boats will be identified by a black number on the bow and transom of each boat.
- 7.2 Teams will be notified by email of their allocated boat number by 12pm Friday, 15th May 2026. Boats will be released to teams by the Maintenance Manager at 1130 on Sunday, 17th May 2026.

8. RACING AREAS

- 8.1 The racing area will be in the vicinity of Royal Freshwater Bay Yacht Club.

9. THE COURSE

- 9.1 The diagram in Addendum B shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course length will be 30minutes.
- 9.2 Description of Marks
 - a) Marks W, S and P will be yellow inflatable marks.
 - b) Mark Wa will be a small orange pimple buoy.
 - c) The start and finish mark will be a black and white checkered inflatable mark.
 - d) The change of course mark will be a yellow inflatable buoy with a red band.

10. THE START

- 10.1 Races will be started with a three-minute starting sequence. This changes RRS 26.

10.2 The Class flag for the warning signal will be signal flag G as shown below.



10.3 The starting line will be between the flag mast displaying an orange flag on the RC boat and the course side of a black and white chequered buoy or other as notified at the briefing. A buoy may be attached to the RC boat stern. Boats shall not pass between this buoy and the RC boat at any time.

10.4 A boat that does not start within 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

11. CHANGE OF NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2 RRS Rule 33 is modified such that a repeated sound signal and Flag C indicating a change of course will be the only signals made at the start of the new leg.

12. THE FINISH

12.1 The finishing line will be between a black and white chequered buoy or other as notified at the briefing, and the flag mast displaying a blue flag on the RC boat. The finish will be the same as the start line.

13. PENALTY LIMITATION

13.1 Penalties on a downwind leg shall be taken as soon after the incident as possible, but not before the spinnaker head is below the main-boom gooseneck. The spinnaker may not be re-hoisted until the penalty is completed. This changes RRS 44.2.

14. TIME LIMIT

14.1 The target time for a race will be 30 minutes. Failure to meet the target time will not be grounds for redress.

14.2 Boats failing to finish within 5 minutes of the first boat finishing will be scored Did Not Finish. This changes RRS 35 and A4.

15. PROTESTS AND ON WATER HEARINGS

15.1 Protests will be conducted in accordance with the Addendum A - Appendix UF – Umpire Fleet Racing (Version February 2025).

16. SCORING

16.1 One race is required to constitute a series.

16.2 If five or more races are sailed, a boat's score shall be the total of her race scores, excluding her worst score.

16.3 If four or less races are sailed, a boat's score shall be the total of her race scores.

17. SAFETY REGULATIONS

17.1 A boat that retires from a race shall notify the race committee as soon as possible. [DP]

17.2 Alcohol is not permitted on the yachts during racing.

18. BREAKDOWN AND TIME FOR REPAIRS

18.1 Before the warning signal of a race, or within two minutes of finishing, whichever is later, a boat may display a green flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as quickly as possible to the starboard side of the RC boat and remain there, unless otherwise directed.

18.2 The time allowed for repair, if any, shall be at the sole discretion of the RC.

- 18.2 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 19.1.
- 18.3 Except when RRS 61.4(b)(2) & (3) apply, failure to effect repairs in the time allowed, or breakdowns identified after the warning signal shall not be grounds for redress. This changes RRS 61.1(a).

19. DAMAGE and DAMAGE REPORTS

- 19.1 Each skipper is responsible for any damage or loss to their equipment unless responsibility is otherwise assigned by the PC.

20. HAUL OUT & HULL CLEANING

- 20.1 Boats shall not be hauled out nor underwater surfaces cleaned without written permission from Swan River Sailing.

21. RADIO COMMUNICATION

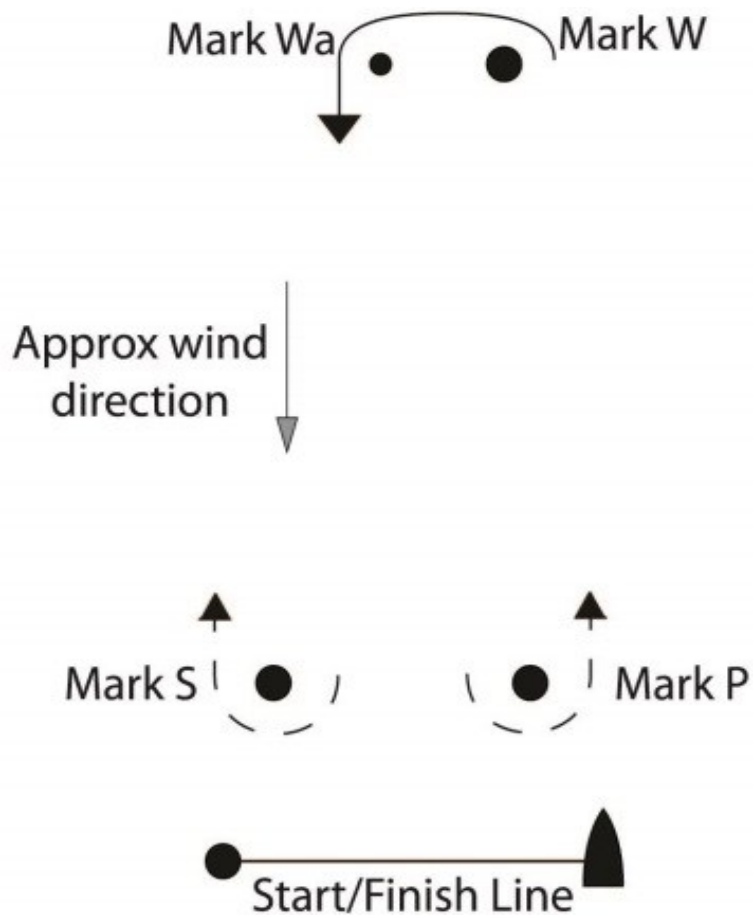
- 21.1 Communication between the boats, RC and Umpires is encouraged on a VHF channel number 77 to be assigned at the briefing. Yachts will be supplied with radios.
- 21.2 No other radio communications (including mobile phones) are permitted.

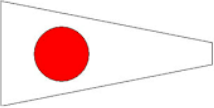
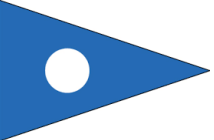

22. DISCLAIMER

- 22.1 All those taking part in this event do so at their own risk and responsibility. The OA, Swan River Sailing and any other associated sponsor disclaims any and every responsibility for loss, damage, injury or inconvenience that might occur to persons and things both ashore and at sea, as a consequence of participation in any way in this event. Attention is drawn to RRS Part 1, Fundamental Rules, in particular, the RRS 3 which states that: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

We encourage all participants to engage with us on your social media channels!

Please tag **@rfbyc** and use the hashtags **#CollegeCup2026** and **#RFBYC**



	<p>Start – W – Wa – Finish</p>
	<p>Start – W – Wa – S/P – W – Wa - Finish</p>
	<p>Start – W – Wa – S/P – W – Wa – S/P – W – Wa - Finish</p>